

OVEREATERS

ANONYMOUS

REGION TEN BYLAWS

As adopted at the Region Ten Assembly – September 2006

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PREFACE

The Twelve Steps

1. We admitted we were powerless over food – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to compulsive overeaters and to practice these principles in all our affairs.

The Twelve Traditions

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose – to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. OA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues; hence, the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television and other public media of communication.
12. Anonymity is the spiritual foundation of all these Traditions, ever reminding us to place principles before personalities.

The Twelve Concepts of OA Service

1. The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.
2. The OA groups have delegated to World Service Business Conference the active maintenance of our world services; thus, World Service Business Conference is the voice, authority and effective conscience of OA as a whole.
3. The right of decision, based on trust, makes effective leadership possible.
4. The right of participation ensures equality of opportunity for all in the decision-making process.
5. Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.
6. The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous.
7. The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.
8. The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.
9. Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.
10. Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.
11. Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs, and consultants.
12. The spiritual foundation for OA service ensures that:
 - a) no OA committee or service body shall ever become the seat of perilous wealth or power;
 - b) sufficient operating funds, plus an ample reserve, shall be OA's prudent financial principle;
 - c) no OA member shall ever be placed in a position of unqualified authority;
 - d) all important decisions shall be reached by discussion, vote and, whenever possible, by substantial unanimity;
 - e) no service action shall ever be personally punitive or an incitement to public controversy; and
 - f) no OA service committee or service board shall ever perform any acts of government, and each shall always remain democratic in thought and action.

ARTICLE I

NAME

The name of the organisation shall be Region Ten of Overeaters Anonymous (Region Ten).

ARTICLE II

PURPOSE

Section 1

Purpose

The purpose of Region Ten shall be to carry the Overeaters Anonymous (OA) message within Region Ten to the still suffering compulsive overeater, wherever they live and whatever language they speak.

Section 2

Responsibilities

The responsibilities to fulfil this purpose shall include:

- a) Administering and coordinating OA activities common to the various groups and intergroups comprising its membership.
- b) Establishing and maintaining a region office to facilitate communication between Region Ten and the various groups, intergroups and members.
- c) Promoting OA unity across the different cultures and languages within Region Ten.
- d) Furthering the OA programme in accordance with the Twelve Steps, Twelve Traditions and the Twelve Concepts of OA Service as set out in the *Bylaws of Overeaters Anonymous Inc, (OA Inc. Bylaws) Subpart B, Articles I, II and III.*

ARTICLE III

GROUPS, INTERGROUPS, COMMITTEES, NATIONAL SERVICE BOARDS AND LANGUAGE SERVICE BOARDS (N/LSBs) WITHIN REGION TEN

Section 1

Groups

- a. Groups within Region Ten shall be as described in *OA Inc. Bylaws Subpart B, Article V.*
- b. The mailing list from World Service Office (WSO) shall be used by Region Ten.

Section 2

Intergroups

- a. Intergroups within Region Ten shall be as described in *OA Inc. Bylaws Subpart B, Article VI.*
- b. The mailing list from WSO shall be used by Region Ten.

Section 3

Committees

- a. Committees above the intergroup level may form within Region Ten to facilitate communication and service needs of the groups they serve.
- b. A mailing address shall be furnished to Region Ten by the committees.

ARTICLE III GROUPS, INTERGROUPS, COMMITTEES, NATIONAL SERVICE BOARDS AND LANGUAGE SERVICE BOARDS (N/LSBs) WITHIN REGION TEN

Section 3 Committees (continued)

- c. Committees may conduct the business of their area by any method they choose providing they remain in accordance with the Twelve Traditions, Twelve Concepts of OA Service, these bylaws and Region Ten policies.
- d. Each committee should convene at least once a year for election of officers.
- e. Geographic areas may join together to create area service committees in order to help carry the message, providing they adhere to the Twelve Traditions and Twelve Concepts of OA Service and do not alter, reprint or copy in any other form, any OA conference approved literature or any other literature in the name of OA, unless approved by the Board of Trustees (BOT).
- f. It is required that committees provide a written report to each Region Ten assembly (the assembly).

Section 4 National Service Boards and Language Service Boards

- a. An N/LSB shall be a duly registered service body with a purpose of dealing with the issues that require a combination of membership and financial resources of intergroups and groups in a country(ies) within Region Ten.
- b. The N/LSBs shall serve and be responsible and accountable to these groups and intergroups.
- c. It is required that N/LSBs provide a written report to each Region Ten Assembly.

ARTICLE IV MEMBERSHIP OF REGION TEN ASSEMBLY

- A.** The membership of the assembly shall consist of:
 - a. The Region Ten Board.
 - b. Representatives from intergroups, unaffiliated groups and N/LSBs who have registered with WSO and who are within the geographic boundaries of Region Ten.
 - c. To avoid duplication of representation, N/LSBs may register representatives only from those intergroups who have not registered a representative.

- B.** Region Ten shall consist of OA groups and intergroups located in the Far East, South East Asia, Australia, New Zealand and the Western Pacific Basin. (As described in the *OA Inc. Bylaws, Subpart B Article VII*)

- C.** Each representative shall be selected by the intergroup, unaffiliated group or N/LSB they serve. The term of the representatives shall be

ARTICLE IV MEMBERSHIP OF REGION TEN ASSEMBLY, C. (continued)

designated by the intergroup, unaffiliated group, N/LSB, and each representative is selected for judgement, experience, stability, willingness and for faithful adherence to the programme of OA. It is preferred that a representative has a minimum of six (6) months current abstinence. Representatives should have served OA at the intergroup level, except for representatives of unaffiliated groups.

D. Intergroups, unaffiliated groups, and N/LSBs may send an alternate to the assembly when the elected representative is unable to attend. Alternates will, at the assembly, be regarded as representatives of the intergroup, unaffiliated group or N/LSB they serve, in all matters including voting rights. The region chair should be notified in writing, as early as possible, when an alternate is to attend the assembly. All reference to representatives in these bylaws shall be taken as applicable to alternates also.

E. Each attending representative shall be entitled to one (1) vote at the assembly. Intergroups are each entitled to a maximum of three (3) representatives. Unaffiliated groups and N/LSBs are each entitled to one (1) representative.

F. Each elected officer of the Region Ten Board (the board) may vote at the assembly in accordance with *Robert's Rules of Order, Newly Revised (Robert's Rules)*

G. The Region Ten Trustee is entitled to a voice but no vote at the assembly.

H. Any attending OA members who are not region representatives are entitled to a voice but no vote at the assembly and may speak by invitation of the chair. For business under discussion, pertinent suggestions may be written and handed to the chair for consideration.

ARTICLE V MEETINGS

Section 1 Meeting Times

Region Ten shall hold one (1) assembly per year in a location within Region Ten between the months of August and November. The assembly will not be held by the same intergroup for two (2) consecutive years.

Section 2 Notification

Notification of the assembly shall be sent to all member groups, intergroups, unaffiliated groups and N/LSBs at least six (6) months prior to the date of the assembly.

ARTICLE V MEETINGS (continued)

Section 3 Special Meetings

Special meetings may be called at World Service and Region Ten functions, other than those designated in Section 1 of this article, wherever Region Ten members are gathered. Such meetings are for the purpose of discussion and not decision making.

Section 4 Agenda

- a. The agenda for the assembly will be mailed at least sixty (60) days prior to the assembly to all committees, registered intergroups, unaffiliated groups and N/LSBs and registered representatives for the assembly.
- b. New business to be placed on the agenda prior to the assembly shall follow the same procedure for submission as for bylaw amendments.
- c. The agenda of the assembly shall specifically provide for consideration of new business motions before consideration of bylaw amendments.

Section 5 Conduct of Meetings

The assembly shall be conducted according to *Robert's Rules*. The chair shall ensure that a copy of *Robert's Rules* is available for ready reference.

Section 6 Other Business

All other business will be conducted by mail, telephone or other electronic means of communication or at special meetings, which can be called by the board.

Section 7 Quorum

At the assembly, a minimum of two (2) board members, and four (4) representatives from at least two (2) countries shall constitute a quorum.

ARTICLE VI COMPOSITION OF THE BOARD

Section 1 Composition

The board shall consist of a chair, secretary, treasurer and region trustee. The Region Ten Trustee shall serve as a non-voting member of the board.

Section 2 Requirements

The requirements for members nominated to the board will be:

- a. a minimum of twelve (12) months current continuous abstinence.
- b. a minimum of two (2) years service above the group level in the last five (5) years.
- c. to have attended an assembly as a Region Ten representative in the last five (5) years.

ARTICLE VI
Section 2

COMPOSITION OF THE BOARD
Requirements (continued)

- d. if nominee is not a current region representative who is present at the assembly, they must be formally endorsed by their intergroup or unaffiliated group on the endorsement form. (See Appendix i)

Section 3

Elections

- a. Nominations and elections for vacant positions shall be held at the assembly.
- b. To be eligible for election to the membership of the board, a person must be present at the election and an OA member from Region Ten. To be elected, a member must receive a majority vote of the representatives present by ballot.
- c. Board members are elected for a two (2) year term.
- d. Board members should not serve more than two (2) consecutive terms in the same position. No board member shall serve more than eight (8) consecutive years in a combination of positions.
- e. Nominations for qualified nominees to the board may be made by the notified closing time at the assembly. Upon nomination, the nominees shall be called upon to present their qualifications briefly to the assembly.
- f. Any vacant position may be temporarily filled by a representative, on request of the Region Ten Chair at the assembly with the approval of the attending region representatives.
- g. Vacancies that occur during the term of office between assemblies shall be filled by appointment of the chair. Members appointed to fill such vacancies shall be from Region Ten and meet the requirements of the position. In the event that the position of chair becomes vacant, the secretary shall act as the chair until the next assembly with the authority to perform all the prescribed duties and responsibilities. In the event that the positions of chair and secretary both become vacant, the treasurer shall act as the chair until the next assembly with the authority to perform all the prescribed chair's duties and responsibilities.
- h. All vacancies shall be filled by an election at the next Region Ten assembly

Section 4

Duties

Members of the board shall not be considered by Region Ten as representatives from any intergroup, unaffiliated group or N/LSB.

It shall be the responsibility of each board member to attend all region assemblies and/or board meetings, except when they are physically or financially unable to attend. Inability to attend may include accident, serious illness or a critical family situation.

ARTICLE VI
Section 4

COMPOSITION OF THE BOARD
Duties (continued)

Duties of the board shall include but not be limited to the following:

A. CHAIR

- a. Shall chair all assembly business meetings according to *Robert's Rules* except when in conflict with the Twelve Traditions and Twelve Concepts of OA Service, in which case the latter take precedence.
- b. Shall establish and maintain a file of Region Ten business that will be transferred to the next chair.
- c. Shall call regular board meetings (by telephone, if necessary) to get group conscience on matters needing immediate attention.
- d. Shall obtain a written response stating his/her position from each board member when group conscience is reached by telephone.
- e. Shall have the power to appoint committees to conduct the business of the region between assembly business meetings.
- f. Shall appoint interim board members to serve in any vacated position until the next assembly at which time an election shall be held to fill the unexpired portion of the term of the vacated position.
- g. Shall be an ex-officio member of all committees.
- h. Shall establish and distribute an agenda at least sixty (60) days before each assembly.
- i. Shall notify intergroups, unaffiliated groups and N/LSBs of any proposed new business motions and/or any proposed bylaw amendments sixty (60) days prior to the assembly.
- j. Shall present a written and an oral report at each assembly.
- k. Shall serve as a region delegate to the World Service Business Conference (WSBC, or conference) and provide a written report to the board, intergroups and unaffiliated groups including updated changes to OA Inc. policies, procedures and bylaws.

B. SECRETARY

- a. Shall be present at all assembly business meetings and board meetings and arrange for the taking of the minutes
- b. Shall furnish a written copy of the assembly final report to all region representatives, board members, intergroups, unaffiliated groups and any other service body or position holder as specified by these bylaws within sixty (60) days of the assembly.
- c. Shall forward board minutes including teleconference call minutes to all board members, and highlights of the minutes to committee chairs for forwarding to committee members.
- d. Shall maintain a current mailing list of all Region Ten intergroups, unaffiliated groups, region representatives, board members and any

ARTICLE VI
Section 4

COMPOSITION OF THE BOARD
Duties, B. Secretary (continued)

other service body or position holder as specified by these bylaws for distribution of region mailings.

- e. Shall organize teleconference calls between board members as required.

C. TREASURER

- a. Shall receive, record and acknowledge all donations.
- b. Shall establish a bank account at their location. Where necessary for currency purposes shall oversee the establishment of a bank account in another location.
- c. Shall disburse funds as approved by the assembly or board.
- d. Shall present a written and an oral report at each assembly.
- e. Shall be the chair of the Budget and Finance Committee.

D. REGION TRUSTEE

Region Ten does not establish the duties and responsibilities of the region trustee. The following description is taken from the *OA Inc Bylaws Subpart B Article IX – Board of Trustees* and is provided here as information only:

Job Description

Region trustees are responsible for keeping WSO up to date on the names, addresses and phone numbers of the chair and secretary; informing WSO of any changes in the region's office mailing address and encouraging regions to obtain a permanent post office box.

Duties

The region trustee shall be the representative of the BOT in their region and shall represent the Fellowship of OA as a whole. (Refers to *OA Inc. Bylaws Subpart B, Article IX*).

The region trustee serves OA as a whole and will act as a guardian of the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service. Duties will include, but not be limited to, the following:

- a. Attend all BOT meetings and submit a report of region activities to the BOT for inclusion on the meeting agenda.
- b. Attend all Region Ten assemblies. Attend meetings of the Region Ten Board.
- c. Participate, when possible, in service workshops throughout the region when asked. Suggest service workshops for marathons and weekend conventions.
- d. Chair the BOT committee(s) appointed to and submit a report of activities to the BOT for inclusion on the meeting agenda.

ARTICLE VI
Section 4

COMPOSITION OF THE BOARD
Duties, D. Trustee (continued)

- e. Participate in other BOT committees if desired.
- f. Assist various service structures within the region to organise and operate effectively when requested to do so.
- g. Maintain liaison between the BOT and the region.
- h. Assist in problem areas within the region when asked. Serve as a mediator and discussion facilitator, not as a fix-it person.
- i. Answer correspondence whether addressed directly to the trustee or referred from WSO.
- j. Attend intergroup meetings when invited.
- k. Investigate alleged Traditions violations within the region. Report to the BOT if the problem affects OA as a whole or if it may be of help or interest to other members of the BOT.
- l. Serve as liaison and an adviser to the corresponding conference committee if applicable.
- m. Assist with service functions in other regions when invited by a region trustee.

Section 5

Non-attendance at assemblies

Should a member of the board be unable to be present at an assembly, prior notice in writing must be given to all other members of the board.

In the event that the chair is unable to attend, the secretary shall act as the chair during the assembly. In the event that both the chair and the secretary are unable to attend, the treasurer shall act as the chair during the assembly.

In the event that the secretary or treasurer are unable to attend, or that either is acting as chair, the chair will appoint a representative to act in the chair's position during the assembly.

ARTICLE VII

REGION TEN TRUSTEE

Section I

Application and Selection

The Region Ten Trustee is elected at the WSBC. Applicants for this position will be selected from within Region Ten and must be OA members who meet the requirements of *OA Inc. Bylaws Subpart B, Article IX Section 4(a)*. The region trustee serves OA as a whole as a member of the BOT and maintains liaison between the BOT and Region Ten.

ARTICLE VII REGION TEN TRUSTEE (continued)

Section 2 Endorsement Procedure

A. Applications

Any member wishing to gain assembly endorsement must obtain an application form from either WSO, local intergroup or the Region Ten Secretary.

The applicant must submit the application to the board no later than forty-five (45) days prior to the assembly.

B. Applicant Presentations

Each applicant must be present to speak before the representatives at the assembly. Each applicant may speak for five (5) minutes to be followed by a question and answer session which is not to exceed ten (10) minutes. Total presentation time is fifteen (15) minutes per applicant.

C. Applicant Selection Process

- a. In the event that fewer than three (3) applicants have filed their applications forty-five (45) days prior to the assembly, the assembly will accept qualified applications from the floor.
- b. Voting to endorse applicants will be by ballot. The names of all applicants shall be listed on the ballot. Each representative and voting board member will be given a ballot and will vote for up to three (3) applicants only.
- c. The names of the three (3) people receiving the highest number of votes shall be forwarded to WSO within one (1) week.
- d. Where there are no applicants for Region Ten Trustee at the assembly, the region, through its region representatives, may endorse an applicant by postal ballot in accordance with the time requirements stated in *OA Inc. Bylaws, Subpart B, Article IX Section 5 – Nomination of Trustees a) Regional Trustees*.

ARTICLE VIII REGION TEN REPRESENTATION AT WSBC

Section 1 Delegates

- a. Region Ten may choose to send a region delegate or delegates to WSBC in accordance with *OA Inc, Bylaws Subpart B, Article X, Section 3, Part a) 5*: "A region that was represented at the last WSBC by fewer than 40 percent of its intergroups and other eligible service bodies may send up to five additional delegates from the region. Preference shall be given to delegates selected from intergroups and service bodies which would not otherwise be represented by delegates".

ARTICLE VIII REGION TEN REPRESENTATION AT WSBC

Section 1 Delegates (continued)

- b. In accordance with, *OA inc Bylaws, Subpart B, Article X Section 3, Part a) 4*: the region chair may attend WSBC.

Section 2 WSBC Bylaws/Reference Committee

The board has the authority to appoint representatives from within Region Ten to the WSBC Bylaws/Reference Committee.

ARTICLE IX COMMITTEES

Section I Committee Purpose

The board and/or representatives shall appoint committees that are deemed necessary for the purpose of the assembly. These committees may include but are not limited to:

A. News Sheet

The News Sheet includes a report from the trustee, chair and different committees, information about events and activities and sharing from different groups and members. The News Sheet Committee will liaise with Outreach for distribution to loners. The News Sheet will also provide a list of contacts for intergroups within the region which can be useful for people travelling and looking for contacts in other areas within Region Ten. The News Sheet will be distributed three (3) to four (4) times per year.

B. Outreach

This committee provides a sponsorship by mail and pen pal programme, by matching up OA members (particularly loners and isolated groups) who want to communicate with OA members in other areas within Region Ten.

C. Long Range Planning

This committee looks at the services provided and seeks to understand the changing needs of OA groups and intergroups. The committee looks at different possibilities of improving our level of services and brings them to the assembly for review. This way we ensure that Region Ten will continue to meet the needs of its growing membership.

D. Public Information

To initiate, provide information, suggestions and ideas to help public information (PI) at intergroup level within Region Ten. To raise public awareness of compulsive overeating as a disease and OA as a programme of recovery. The committee shall disseminate such information as is useful for spreading the message of OA to the public, ever mindful of the Twelve Traditions and Twelve Concepts of OA Service.

ARTICLE IX
Section I

COMMITTEES
Committee Purpose (continued)

E. Bylaws

This committee evaluates the bylaws and proposes changes/additions to ensure that they continue to meet the needs of the assembly and of the region as a whole. The committee will therefore maintain, update and propose amendments where necessary to the *Region Ten Bylaws*. All region policies adopted shall be documented and recorded as a function of the Region Ten Bylaws Committee.

F. Budget and Finance

The treasurer chairs this committee, whose function it is to analyse the contributions received, provide financial reports and to continue to promote contributions throughout Region Ten.

G. First Tradition

To encourage and promote unity throughout Region Ten.

H. Archives

To maintain the archives of Region Ten to preserve the history of this region's service structure.

I. Internet/website

To maintain and develop the Region Ten website. The website's purpose is to inform OA members and the public about what OA is, how to contact OA, and OA events.

J. Intergroup Support

Provide support services to intergroups and unaffiliated groups, including a manual of suggestions, pro-forma written material, job descriptions, sample bylaws and workshop topics and formats.

Section 2

Structure of Committees

A. Chair

The committee chair(s) shall be elected from the representatives present at the assembly, by their respective committees, for a period of two (2) years where feasible.

B. Other Members

Any Region Ten OA member can serve on any committee(s) of their choice.

ARTICLE IX
Section 2

COMMITTEES
Structure of Committees (continued)

C. Committee Membership

- a. Any region committee shall consist of at least two (2) members. The board may, at the assembly, assign members to committees where there are only two (2) or fewer members.
- b. Any region committee shall consist of members from at least two (2) intergroups.
- c. Representatives and any other participants from Region Ten will generally join the committee of their choosing. However, to ensure the most effective spread of those present, where appropriate and in accordance with paragraph a) above of this section, the elected representatives and other participants at the assembly may be divided by the chair into groups and be assigned to the various committees.

Section 3

Working of Committees

A. Committee Procedures

- a. Any tasks to be undertaken by region committees must have:
 - i. been researched, and documentation must include formal written aims, objectives and costs.
 - ii. been approved and adopted by the assembly, or in the instance that ratification is necessary between assemblies, by the board
- b. Any written information distributed outside an assembly meeting must be submitted through board liaison to the board for review and ratification.

(Refer Appendix ii for implementing Section 3A)

B. Board Liaison

A region board member is to liaise with each region committee. That person shall be assigned by the region chair. The purpose is to facilitate communication between the committees and the board. The board liaison person does not make decisions for the board.

C. Committee Session at Assembly

- a. Each committee session will be chaired by the committee chairperson.
- b. A secretary for each committee will be elected or appointed at the beginning of the session and will take minutes of the business conducted.
- c. Each committee session will be conducted according to the agenda prepared by the chairperson and will include items that arise from reports presented previously to the assembly.
- d. Elected representatives are entitled to a voice and a vote during committee sessions. Other participants are entitled to a voice but no vote during committee sessions.

ARTICLE IX
Section 3

COMMITTEES
Working of Committees, C. (continued)

- e. Minutes of committee sessions will be submitted to the assembly minutes secretary at the end of the committee sessions. This will include any proposals that the committee will be submitting to the main body for discussion and voting.

ARTICLE X

FINANCIAL STRUCTURE

- a. The activities of Region Ten shall be financed primarily by the contributions of its member groups, intergroups and service bodies.
- b. Region Ten may accept donations from OA members, groups, intergroups and other service bodies conforming to the general principles of OA. The maximum annual donation allowable from any OA member is to be limited to \$AUD5,000.00
- c. A secondary source of financial income to Region Ten may be from such occasional projects or activities as may be authorised by the board.
- d. All proceeds over and above expenses from Region Ten conventions shall be designated for Region Ten.
- e. Region Ten will not accept bequests or donations from any sources outside OA.
- f. Region Ten representatives shall not accept the responsibility for trusteeship over, or enter into distribution of, funds set up outside of Region Ten.
- g. Region Ten funds shall be banked in one or more countries designated by the assembly. All financial transactions that have not been approved by the assembly are subject to approval of two (2) voting members of the board.
- h. Funds of Region Ten are primarily for use in operating costs.

ARTICLE XI

MAJOR POLICY MATTERS

Matters which relate to major policy affecting OA as a whole shall be referred to the BOT.

ARTICLE XII

AMENDMENTS TO THE BYLAWS

Section 1

Amendments and New Business Motions

These bylaws may be amended by a two-thirds ($\frac{2}{3}$) majority of the voting body at the assembly. New business motions require a majority in favour to be adopted.

Amendments and new business motions may be presented by:

- a. any intergroup, unaffiliated group or N/LSB within Region Ten.

ARTICLE XII AMENDMENTS TO THE BYLAWS
Section 1 Amendments and New Business Motions (continued)

- b. any Region Ten representative.
- c. a board member on behalf of the board.
- d. the Bylaws Committee.
- e. any duly appointed amendment committee.

Section 2 Submitting Amendments and New Business Motions
Proposed bylaw amendments and new business motions should be submitted in the format as set out in the *Region Ten Policy Manual*, Appendix (i) and should reach the chair at least seventy-five (75) days prior to the assembly.

Section 3 Emergency New Business
Bylaw amendments and new business motions which have not been submitted to the region chair seventy five (75) days before the assembly and which are considered to be of an emergency nature may be voted on at the assembly if the assembly so rules.

Section 4 Other changes to these Bylaws
Other changes may be made to these bylaws and the *Region Ten Policy Manual* by the board or the Region Ten Bylaws Committee provided they are editorial only and in no way change the meaning or intent of any part of the bylaws. The region chair shall give a written report of such changes to the assembly.

Section 5 Other changes to the Region Ten Policy Manual
Motions that have either been completed or no longer have continuing effect will be moved to appendix (iii) "Rescissions and Deletions" of the policy manual. The region chair shall give a written report of such changes to the assembly.

ARTICLE XIII LEGAL DISCLAIMERS

Section 1 All members of the assembly shall be deemed to have expressly consented and agreed that upon the dissolution of Region Ten, or winding up of the affairs of Region Ten, whether voluntary or involuntary, the assets of Region Ten remaining in the hands of the board after all debts have been paid shall be delivered and paid over to WSO or to anybody they choose to designate and which is acceptable to the government of the country or countries in which the assets are held.

Section 2 No member of the assembly or any member of any intergroup, group or N/LSB which is a member of the assembly, and no officer or member of a

ARTICLE XIII LEGAL DISCLAIMERS, Section 2. (Continued)

committee or person connected with the assembly or any other private individual shall receive at any time any earnings or pecuniary profit from the operations of the assembly; provided that they shall not prevent the payment to any such person of reasonable compensation for services rendered to, or for, Region Ten affecting any of its purposes.

GLOSSARY

ALTERNATE	Any Overeaters Anonymous member designated by an intergroup, unaffiliated group, national service board or language service board to serve as a representative in the event that a representative is unable to attend the region assembly.
ASSEMBLY	See Region Assembly
BOARD OF TRUSTEES (BOT)	Board of Trustees. Guardians of the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service.
BYLAWS	The governing document of Region Ten.
CONFERENCE	See WSBC.
CONVENTION	An event of fun and recovery.
DELEGATE	The individual who is elected at the level of intergroup, unaffiliated group, national service board or language service board to be their delegate at the World Service Business Conference and bring back to the local areas the results of the World Service Business Conference.
INTERGROUP	The service body that provides services to the local area groups.
LANGUAGE SERVICE BOARD (LSB)	Language service boards may be set up for the purpose of providing services to OA members with a common language.
NATIONAL SERVICE BOARD (NSB)	A service board providing services to members in a particular country or group of countries. National service boards and language service boards, although separate entities, are often referred to together as national/language service boards or N/LSBs

REGION/S	Overeaters Anonymous is divided into geographical areas which are specifically defined in the bylaws of Overeaters Anonymous Inc.
REGION ASSEMBLY (THE ASSEMBLY)	The business meeting of a region to which intergroups, unaffiliated groups, national service boards and language service boards send representatives.
REGION TRUSTEE	A member of the Board of Trustees who acts as liaison between regions and World Services, representing Overeaters Anonymous as a whole.
REPRESENTATIVE	The individual who is elected at the level of intergroup, unaffiliated group, national service board or language service board to be their representative at the region assembly and bring back to the local areas the results of the region assembly.
ROBERT'S RULES OF ORDER, NEWLY REVISED	The parliamentary rules followed to conduct business at the region assembly.
UNAFFILIATED GROUPS	Any group which is not affiliated with an intergroup, national service board or language service board, but is registered with the World Service Office.
WORLD SERVICE BUSINESS CONFERENCE (WSBC)	The annual business meeting which ensures Overeaters Anonymous worldwide operates through group conscience. Regions, national service boards, language service boards, intergroups and unaffiliated groups are represented.
WORLD SERVICE OFFICE (WSO)	The business office of Overeaters Anonymous in Rio Rancho, New Mexico, USA.

Extract from Region Ten Bylaws

ARTICLE VI COMPOSITION OF THE BOARD
Section 2 Requirements

The requirements for members nominated to the board will be:

- a) a minimum of twelve (12) months current continuous abstinence.
- b) a minimum of two (2) years service above the group level in the last five (5) years.
- c) to have attended an assembly a Region Ten representative in the last five (5) years.
- d) if nominee is not a current region representative who is present at the assembly, they must be formally endorsed by their intergroup or unaffiliated group on the endorsement form. (See Appendix i)

Also, the nominee must be present at the election and be an OA member from Region Ten.

ENDORSEMENT FORM FOR NOMINATION TO REGION TEN BOARD

Name:

Meets the stated requirements to be eligible for nomination to the Region Ten Board at the Assembly.

Intergroup:

Signed:
(intergroup chair)

Date:

GUIDELINES FOR IMPLEMENTING ARTICLE IX,
Section 3 Working Of Committees, A. Committee Procedures

- This excludes inter-committee correspondence.
- The intention is to cover any ideas or aims of any committee that diverge from what has already been approved at the assembly.
- It includes any major committee undertaking involving mass distribution within the Fellowship on behalf of Region Ten.
- Include a one page “how to do it” or how to submit a proposal (aims, cost, documentation etc).
- Emphasise it doesn’t have to be a lengthy proposal.

Include examples of the process such as:

- Designing a flyer or pamphlet for PI or Outreach.
- Region Ten Home Page content.
- Stories being used for PI purposes.